

# CAMP HILL GIRLS

## Week One

### MONDAY

#### MAINS

##### BBQ Chicken

Diced chicken cooked in a homemade BBQ sauce and served with rice

£1.95

##### Veggie Stroganoff

Seasonal vegetables cooked in a creamy paprika sauce and served with rice

£1.90

#### DESSERT

Apple Flapjack with Custard  
85p

### TUESDAY

#### MAINS

##### Cottage Pie

Minced beef, seasonal vegetables, and peas cooked in a rich gravy and topped with creamy mashed potatoes with mixed vegetables

£1.95

##### Cheesy and Bean Potato Layer

Mashed potatoes layered with baked beans and topped with cheese with mixed vegetables

£1.90

#### DESSERT

Lemon Drizzle Cake  
85p

### WEDNESDAY

#### MAINS

##### Roast Chicken with Gravy

Tender slices of roast chicken served with gravy and all the trimmings

£2.50

##### Vegetable Crumble

Autumn vegetables cooked in a rich gravy and topped with a sage and onion stuffing served with roast potatoes

£1.90

#### DESSERT

Chocolate Mousse  
85p

### THURSDAY

#### MAINS

##### Beef Meatballs in Tomato Sauce with Spaghetti

Beef meatballs made with our own blend of herbs and seasonings and cooked in a homemade tomato sauce and served with spaghetti

£1.95

##### Vegetable Lasagne

Lentil and seasonal vegetable bolognaise sauce layered between lasagne noodles and topped with a creamy white sauce with salad

£1.90

#### DESSERT

Sticky Toffee Pudding  
with Custard  
85p

### FRIDAY

#### MAINS



##### Breaded Fish with Chips

Sustainably sourced breaded whitefish, oven baked, and served with chips

£2.20

##### Veggie Burger in a Bap

Veggie burger served with salad in a floured bap

£1.90

#### DESSERT

Apple Crumble Cake  
with Custard  
85p

Guest Dish, Pasta Bar, Jacket Potatoes & Salads available daily

Fresh fruit available as an alternative to dessert of the day.

Allergen information available on request



# CAMP HILL GIRLS

## Week Two

### MONDAY

#### MAINS

Sausage and Bean Casserole  
Sausages cooked in baked  
beans and served with Mash  
**£1.95**

Cheesy Vegetable Loaf with  
Gravy  
Lentils and *seasonal* vegetables  
baked into a loaf and served  
with gravy and mashed potatoes  
**£1.90**

#### DESSERT

Chocolate and Pear Loaf with  
Chocolate Sauce  
**85p**

### TUESDAY

#### MAINS

Chicken Lasagne  
Diced chicken and *seasonal*  
vegetables cooked in a creamy  
white sauce and layered with  
lasagne sheets. Served with salad  
**£1.95**

Macaroni Cheese  
Pasta tubes cooked in a  
homemade cheddar cheese  
sauce and served with salad  
**£1.90**

#### DESSERT

Berry Bars with Custard  
**85p**

### WEDNESDAY

#### MAINS

Roast Beef with Gravy with all  
the Trimmings  
Tender slices of roast beef with  
gravy served with all the  
trimmings  
**£2.50**

Veggie Toad in the Hole  
Quorn Sausages cooked in  
Yorkshire pudding batter and  
served with onion gravy and  
mash  
**£1.90**

#### DESSERT

Apple and Rhubarb  
Custard Crunch  
**85p**

### THURSDAY

#### MAINS

Chicken Korma  
Diced chicken cooked in a  
mild korma sauce with rice  
**£1.95**

Potato Cakes with Mango  
Sauce  
Coriander flavoured potatoes  
formed into cakes and served  
with a mango sauce and  
vegetables  
**£1.90**

#### DESSERT

Honey Oat Cookies  
with Ice Cream  
**85p**

### FRIDAY

#### MAINS



Breaded Salmon with Chips  
Sustainably sourced breaded  
salmon, oven baked and served  
with chips  
**£2.20**

Pizza Margherita with Chips  
Cheese and Tomato pizza  
served with chips  
**£2.10**

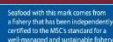
#### DESSERT

St Clement's Sponge  
with Custard  
**85p**

Guest Dish, Pasta Bar, Jacket Potatoes & Salads available daily

Fresh fruit available as an alternative to dessert of the day.

Allergen information available on request



# CAMP HILL GIRLS

## Week Three

### MONDAY

#### MAINS

Honey Mustard Chicken with Wedges  
Chicken cooked in a homemade honey mustard sauce and served with wedges  
**£1.95**

Veggie Fajita  
*Seasonal* vegetables and beans cooked in a mild Mexican sauce and wrapped in a flour tortilla and served with wedges  
**£1.95**

#### DESSERT

Apple Eve's Pudding with Custard  
**85p**

### TUESDAY

#### MAINS

Beef Lasagne  
Minced beef and *seasonal* vegetables cooked homemade tomato sauce, layered with lasagne sheets and topped with a creamy white sauce with salad  
**£1.95**

Italian Vegetable Casserole  
Mediterranean vegetables cooked in a rich homemade tomato sauce served with rice or crusty bread  
**£1.90**

#### DESSERT

Cheesecake  
**85p**

### WEDNESDAY

#### MAINS

Roast Pork with Gravy  
Tender slices of roast pork served with gravy and all the trimmings  
**£2.50**

Broccoli and Cauliflower Cheese  
Cauliflower baked in a homemade cheddar cheese sauce and served with vegetables  
**£1.90**

#### DESSERT

Ruby Brownie with Ice Cream  
**85p**

### THURSDAY

#### MAINS

Chicken Pot Pie  
Diced chicken and *seasonal* vegetables cooked in a rich gravy and topped with puff pastry and served with vegetables  
**£1.95**

Vegetable Moussaka  
Lentils and *seasonal* vegetables cooked into a homemade tomato sauce, layered with aubergines and topped with sliced potatoes and a creamy white sauce and served with vegetables  
**£1.90**

#### DESSERT

Blueberry Sponge with Custard  
**85p**

### FRIDAY

#### MAINS

Breaded Fish with Chips   
Sustainably sourced breaded whitefish, oven baked, and served with chips  
**£2.20**

Veggie Plait with Chips  
Beans and *seasonal* vegetables in puff pastry and served with chips  
**£2.10**

#### DESSERT

Fruit Flapjack with Custard  
**85p**

Guest Dish, Pasta Bar, Jacket Potatoes & Salads available daily

Fresh fruit available as an alternative to dessert of the day.

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# CAMP HILL GIRLS

## Week Four

### MONDAY

#### MAINS

Sweet & Sour Chicken  
Diced chicken cooked in a  
homemade sweet and sour  
sauce and served with rice  
**£1.95**

Vegetarian Balti  
Chick peas and *seasonal*  
vegetables cooked in a Balti  
sauce and served with rice  
**£1.90**

**DESSERT**  
Oatmeal Cookie with  
Ice Cream  
**85p**

### TUESDAY

#### MAINS

Beef Fajita Bake  
Beef mince and *seasonal*  
vegetables wrapped in a flour  
tortilla and served with  
sweet corn  
**£1.95**

Potato and Leek Gratin  
Sliced potatoes and leeks  
cooked in a cheesy white sauce  
and served with vegetables  
**£1.90**

**DESSERT**  
Apple Crumble with Custard  
**85p**

### WEDNESDAY

#### MAINS

Roast Chicken with Gravy  
Tender slices of roast chicken  
served with gravy and all the  
trimmings  
**£2.50**

Ratatouille with Rice  
Courgettes, peppers, and  
aubergines slowly cooked in a  
tomato sauce and served  
with rice  
**£1.90**

**DESSERT**  
Strawberry Mousse  
**85p**

### THURSDAY

#### MAINS

All Day Breakfast  
Choice of Sausage or Bacon  
and served with eggs, baked  
beans, tomatoes, and hash  
browns  
**£1.95**

All Day Veggie Breakfast  
Eggs served with baked beans,  
tomatoes, mushrooms, and  
hash browns  
**£1.90**

**DESSERT**  
Honey Loaf with Custard  
**85p**

### FRIDAY

#### MAINS

Salmon Fillet with Tomato  
Sauce and Cheese   
Sustainably sourced salmon  
oven baked with tomato sauce  
and cheese and served with  
chips  
**£2.20**

Cheese and Onion Pasty  
with Chips  
Cheddar Cheese and Onions  
wrapped inside a homemade  
pastry and served with baked  
beans and chips  
**£2.10**

**DESSERT**  
Black Forest Cake with  
Chocolate Sauce  
**85p**

**Guest Dish, Pasta Bar, Jacket Potatoes & Salads available daily**

Fresh fruit available as an alternative to dessert of the day.

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